

Jean Massieu Academy Breakfast Menu September 2021



		september 2021		
Monday	TEXAS Tuesday	Wednesday	Thursday	Friday
30-Aug	31-Aug	1	2	3
5		l e		_
chilled applesauce	fresh-cut orange	fresh banana	chilled pineapple chunks	fresh-cut fruit cup
100% fruit juice or fresh fruit	100% fruit juice	100% fruit juice	100% fruit juice or fresh fruit	100% fruit juice
100% Itale Juice of Tresh Itale	*	•	•	
			(), () ,	and halvanu hannes broad muffin
fruit flavored low fat yogurt,	sausage breakfast burrito	warm smoked turkey	fruit & yogurt parfait	our bakery: banana bread muffin
Zee Zees® grahamz®	w/beef sausage, egg, cheddar	& Jack breakfast pita	cereal bowl: 'apple Os'	that's Life® cereal medley
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	(4,7)	是是多数的主义的。		
6	7 GO TEYAN	8	9	10
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	fresh-cut orange	fresh banana	fresh-cut cantaloupe	chilled sliced apples
	100% fruit juice	100% fruit juice	100% fruit juice	100% fruit juice or fresh fruit
				•
		aus balance laman blusharne muffin	fruit & yogurt parfait	our bakery: tropical pineapple bar
	cinnamon raisin bread (2)	our bakery: lemon blueberry muffin	2 18 4	
Labor Day	cream cheese & jelly	cereal bowl: a 'trio of flakes'	cereal bowl: Trix® mix'	cereal bowl: 'fruity Os'
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13	14 GO TEXAN.	15	16	17
FW 3 W		front bosons	chilled applesauce	fresh-cut seasonal melon
chilled sliced pears	fresh-cut orange	fresh banana		The state of the s
100% fruit juice or fresh fruit	100% fruit juice	100% fruit juice	100% fruit juice or fresh fruit	100% fruit juice
•	*	•	•	
flaky Southern biscuit	'Migas' breakfast burrito	turkey 'ham, egg,	strawberry glazed	our bakery: 'Morning Glory' muffin
	w/'eggs, cheese, tortilla strips	& American cheese BoB	whole grain cinnamon roll	cereal bowl: a 'trio of flakes'
w/turkey sausage patty	w/ eggs, cheese, tortita sarps	& American cheese DOD	more gram amanana	
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	8			1
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		Water transfer of the state of		
20	21 GO TEKAN.	22	23	24
20	21 GO TEXAN.			
20 chilled spiced apples	21 GO TEXAN.	22 chilled pineapple tidbits	23 fresh-cut fruit cup	24 fresh banana
chilled spiced apples	fresh-cut orange			
		chilled pineapple tidbits	fresh-cut fruit cup	fresh banana
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Fruit is seasonally local sourced, when available

Any 'bakery' item in bake inhouse *BoB'

*Breakfast on a Bun'
(Whole Grain Bun)

